

6 Recipe Aldi Meal Plan December 19-24

1

EASY SMOKY AUBERGINE PASTA

Roasted aubergine pasta is an easy dinner that turns very ordinary ingredients into a gorgeous smoky mildly spicy harissa. Leftovers keep in the fridge for up to 3 days.

30 MINUTE CAJUN PRAWN TACOS

2

A light and healthy prawn taco recipe to help balance out all of the holiday food and cheese you're probably eating! Please don't keep leftovers of shellfish. Best consumed the day they are made.

3

STICKY HONEY GARLIC PORK BELLY SLICES

These pork belly slices can be cut into chunks after making them to serve them as an appetizer or canapé. But for dinner these are amazing served with rice and some steamed spinach.

CRISPY CHINESE LEMON CHICKEN

4

Crispy lemon chicken is such a great recipe for this time of year. It's cheap to make and the perfect alternative to take out. Not great for leftovers.

5

THE BEST EASY BEEF LASAGNA

This lasagna is amazing for feeding a crowd. It's simple to make and everyone loves it. No need to boil the lasagna sheets first. They cook in the lasagna itself. You can make this and keep it in the fridge for up to 3 days or freeze it for up to 3 months.

CHRISTMAS

6



Shopping List

STORE CUPBOARD

- tomato purée (paste)
- herbs- dried oregano, dried basil, bay leaf, mixed spice, Cajun spice, chili powder, harissa spice
- red wine (optional)
- beef stock cubes
- 1 x 400g tin chopped tomatoes
- soy sauce (light and dark)
- cornstarch
- honey
- chicken stock cubes
- brown sugar
- cider vinegar
- Cajun spice
- dried lasagna sheets
- 8 flour tortillas
- 25g sourdough
- rigatoni or penne
- plain flour
- red & white wine vinegar

DAIRY, MEAT & FROZEN

- 1 kg mince ground beef
- 100g gruyere cheese
- 150g mozzarella
- butter
- whole milk
- 1 egg
- 400g boneless skinless chicken
- 500g pork belly slices
- 400g king prawns
- Greek yogurt
- parmesan

PRODUCE

- 1 brown onion
- 250g mushrooms
- 1 head garlic
- fresh ginger
- 1 lemon
- 1 orange
- 1 pineapple
- 1 lime
- 1 bunch of coriander
- 1 red chili pepper
- 1 green cabbage
- 1 bunch basil
- 1 avocado
- 1 small aubergine