

6 Recipe Aldi Meal Plan Nov. 14-20

1 TENDER SLOW COOKER STEAK PIE

This comforting slow-cooked stew features tender beef chunks simmered in a thick, peppery gravy with fresh celery and carrots and a flaky puff pastry top. You can make the filling and keep in the fridge or freeze for later.

3 SLOW COOKER LAMB TAGINE

This tagine is one of my favourite slow cooker recipes. All the Moroccan flavours. Cumin, tomatoes, coriander, and a hint of cinnamon are all slow-cooked until it's meltingly tender. Great for freezing for a later time.

5 EASY SLOW COOKER VEGETABLE SOUP

A simple slow cooker vegetable soup with 3 cheese tortellini is the perfect soothing soup for comfort. Sweet onions, juicy tomatoes and a handful of greens all snuggled around some 3 cheese tortellini. All you need is some fresh bread and you've got soup season perfection.

2 SLOW COOKER HONEY GARLIC CHICKEN THIGHS

These sticky honey garlic chicken thighs are delicious and easy. Crispy skinned chicken thighs slow-cooked in a homemade honey garlic sauce will make you want to skip takeout forever. Serve over rice for the perfect [chicken dinner recipe](#).

4 SLOW COOKER CHUNKY BEEF CHILLI

This chunky beef chili recipe gets slow-cooked with herbs and spices until the beef is meltingly tender. An amazing cold-weather dinner that is budget and family-friendly. This chili uses stewing beef rather than minced beef to make it extra tender.

6 SLOW COOKER LEFTOVERS

Because all of these slow cooker recipes make more than the average dinner, you can cook once and eat 2, or 3 times.



Shopping List

STORE CUPBOARD

-
- 1 teaspoon mustard powder
 - plain flour
 - beef stock cubes
 - tomato purée
 - Worcestershire sauce
 - dark brown sugar
 - honey
 - dark soy sauce
 - cider vinegar
 - Sriracha
 - vegetable stock cubes
 - basmati rice
 - spices- cumin, ground coriander, cinnamon, paprika, chili powder
 - beef stock cubes
 - 3 x 400g tin chopped tomatoes
 - 1 x 400g tin chickpeas
 - dried apricots
 - dried dates
 - flaked almonds
 - 1 x 395g mixed beans
 - 175ml apple juice
 - tortilla chips
 - herbs- dried oregano, basil, and thyme, bay leaf
 - 250 g Pack dried three cheese tortellini

DAIRY, MEAT & FROZEN

-
- 1 kg stewing beef
 - 1 x 375g puff pastry
 - 1 egg
 - 6-8 chicken thighs bone-in, skin-on
 - 600g diced lamb
 - 100g shredded cheese
 - Greek yoghurt

PRODUCE

-
- 3 large onion
 - 1 head of celery
 - 6 large carrots
 - fresh ginger
 - 1 head garlic
 - 1 bunch of parsley
 - 1 bunch of coriander
 - pak choi
 - 1 bunch of thyme
 - pomegranate
 - 1 lemon
 - 1 red onion
 - 1 avocado
 - 1 green jalapeño
 - 1 lime
 - 500g mini new potatoes
 - 1 x 500g bag spinach