

6 Recipe Aldi Meal Plan Oct. 24- 30

1 **EASY 30 MINUTE BROCCOLI GNOCCHI**

A one-pan veggie dinner that's creamy full of veggies and baked over with cheese. The perfect meat-free way to start your week. This makes great leftovers and is really good for freezing.

3 **EASY WEEKNIGHT STEAK FAJITAS**

The best way to get the perfect sear on a steak is to start with a hot pan and a room-temperature steak. Some bell peppers and red onions bring the whole dish together. Serve in flour tortillas with some avocado and Greek yogurt or sour cream. Reheat the next day. Don't freeze.

5 **QUICK AND EASY ONE PAN HALLOUMI PASTA**

Quick, easy, and healthy. Pan-fried halloumi served over a rich tomato sauce with silky pasta. Use a tin of cherry tomatoes or a tin of chopped tomatoes for this recipe. They both work! Be generous with the fresh herbs in this recipe. It makes all the difference!

ALL IN ONE SAUSAGE TRAY BAKE

This sausage tray bake is a reader favourite! Everything gets made in one pan and baked in the oven. Great for a hands-off dinner that requires little effort. Great for leftovers. Don't recommend freezing this one!

ONE PAN CHICKEN AND BROCCOLI BAKE

This one-pan chicken and broccoli bake skips the tins of creamy soups, making this a great healthy dinner. Use brown rice instead of white if you prefer. This is great for freezing making it a wonderful idea for meal prep.

STICKY AND CRISPY PORK BELLY SLICES

Always the most popular recipe on the website! These pork belly slices are quick and easy to cook. No need to brine these or prep them in any way. Simply roast and coat with the Asian glaze, and serve!

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4

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Shopping List

STORE CUPBOARD

- 500g shelf-stable gnocchi
- vegetable stock cubes
- Herbs- dried basil, dried oregano, chicken and steak seasoning
- chicken stock cubes
- 8-10 small flour tortillas
- Cajun spice mix
- basmati rice
- 300g dried spaghetti
- 1 x 400g tin cherry tomatoes (or chopped)
- sun-dried tomatoes
- roasted red peppers in a jar
- garlic and tomato seasoning
- light soy sauce
- honey
- brown sugar
- cider vinegar

DAIRY & FROZEN

- 125g cream cheese
- 200g shredded mozzarella
- 6 pork or chicken sausages
- 225g sirloin
- 150g Greek yogurt
- 300g boneless skinless chicken breast
- salted butter
- 120ml whole milk
- 200g cheddar cheese
- 1 block halloumi
- 100ml single cream
- 500g pork belly slices

PRODUCE

- 2 head of broccoli
- 2 red onion
- 1 head garlic
- 8-10 cherry tomatoes
- 4 bell peppers (any colour)
- 200g mini potatoes
- 1 avocado
- 1 bunch coriander
- 1 lime
- 1 yellow onion
- 300g carrots
- 250g mushrooms
- 1 bunch of fresh thyme
- 2 lemon
- 1 bunch of basil
- 1 bunch of parsley
- 1 orange