

# 6 Recipe Aldi Meal Plan June 7- June 13

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## CRISPY CHILLI CHICKEN

The perfect way to start a bank holiday Monday. A quick and easy but still creamy and delicious pasta that makes perfect leftovers too!

## 15 MINUTE PUTTANESCA PASTA

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A 15-minute pasta dinner for any night of the week. Light and summery. Perfect with a glass of wine!

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## ONE POT MEXICAN CHICKEN

A spicy fresh take on Mexican chicken. Loaded with sweet bell peppers and corn this golden crispy chicken dish only takes 30 minutes. Dust the chicken in flour to get a really crispy coating on the chicken.

## HONEY ROAST PORK BELLY SLICE

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A perfect takeaway alternative. These pork belly slices are tender with a crispy crackling and a sticky honey garlic sauce. Be sure to score the crackling before cooking to ensure that it's as crispy as possible.

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## CAJUN CHICKEN PASTA

This easy creamy one pan Cajun chicken pasta is the perfect weeknight dinner. 30 minutes, simple ingredients and the best perfectly rich thick gently spicy sauce.

## 30 MINUTE ONE PAN PRAWN RICE

6

Easy one-pot Spanish style prawns/ shrimp and rice is the perfect 30-minute dinner. It's healthy, easy and very budget-friendly.



# Shopping List

## STORE CUPBOARD

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- corn starch
- soy sauce
- honey
- Sriracha
- cashews
- 300g spaghetti
- 6 anchovies
- 2 tin cherry tomatoes in juice
- 12 kalamata olives
- plain flour
- 1 tin sweet corn
- tomato paste
- chicken stock cubes
- garlic granules
- paprika
- chilli powder
- chilli flakes
- Cajun spice
- brown sugar
- cider vinegar
- 1 tin chopped tomatoes
- 200g rigatoni or penne
- 245g rice
- vegetable stock cubes
- olive oil

## MEAT, DAIRY & FROZEN

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- 1.5 kg chicken breast (boneless skinless)
- 500g pork belly slices
- butter
- 400ml single cream
- 200g frozen peas
- 275g frozen prawns

## PRODUCE

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- 1 lime
- 1 head garlic
- fresh ginger
- spring onions
- red chillies
- 1 bunch coriander
- 3 brown onion
- 1 bunch parsley
- 1 bunch basil
- 1 red onion
- 1 red pepper
- 2 lemon
- 200g spinach
- 8 medium vine ripened tomatoes
- 1 red pepper